

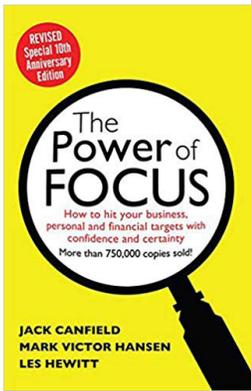


# Resources

For Personal Development Success

Curated by Laurie Hawkins

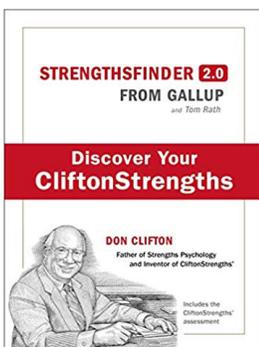
## THE POWER OF FOCUS TENTH ANNIVERSARY EDITION



More than 600,000 people around the world have been captivated by the simple, practical, and profound strategies contained in the original bestseller, *The Power of Focus*. Now a decade later, authors Jack Canfield, Mark Victor Hansen, and Les Hewitt have joined forces to create a special 10th Anniversary Edition of this enduring classic. Each of these masters of business and personal development provides a crystal-clear picture of why your ability to focus is even more vital today in determining your future success. Readers will discover:

- The keys to prosperity in a turbulent economy
- A personal look at the last ten years through the experienced eyes of Jack Canfield, Mark Victor Hansen, and Les Hewitt:
- Insights on where to sharpen your focus, capitalizing on the new currency in business, and a Reality Check questionnaire to help you focus and follow through
- How to dramatically leverage your income using relationships and technology
- Inspiring success stories from readers who have
- implemented *The Power of Focus* strategies

## STRENGTHS FINDER 2.0

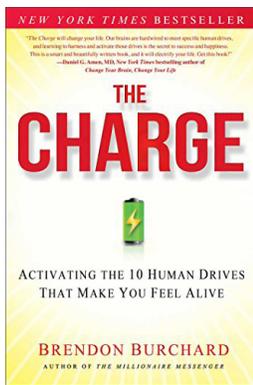


CliftonStrengths reveals your complete and unique talent profile. It also gives you proven strengths-based strategies to maximize your potential. You will receive your personalized Report and supporting tools and resources.

This book is for people who want to unlock the power of their full CliftonStrengths profile to live the absolute best version of their life.

## THE CHARGE

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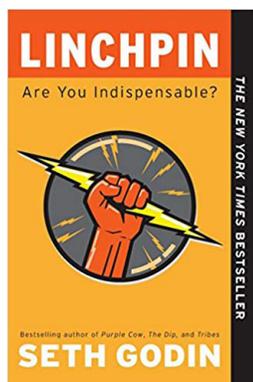


In *The Charge*, Brendon argues that the only way to measurably improve the quality of your life is to learn how to activate the very 10 drives that make you most human. These drives are your desires for more control, competence, congruence, caring, connection, change, challenge, creative expression, contribution, and consciousness. These drives shape everything you think, feel, and do in life, so understanding and mastering them is critical to your success and happiness. Strategically activating these drives on a consistent basis is the fastest path to living a fully charged life.

In *The Charge*, Brendon helps us overcome these mistakes and illuminates the path for strategically and intelligently activating our 10 human drives so that we can have the one thing we all want: more life in our lives! Brendon Burchard is the founder of High Performance Academy and author of the #1 New York Times and #1 USA Today bestselling book *The Millionaire Messenger*. He is also the author of *Life's Golden Ticket* and one of the top motivation and high performance trainers in the world. His famous training events and videos inspire millions of people to find their charge, share their voice, and make a greater difference.

## LINCHPIN

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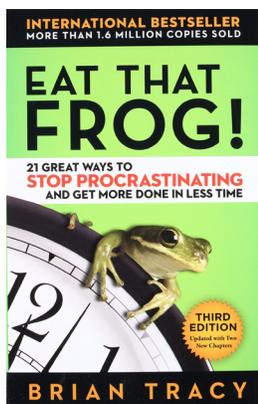


This life-changing manifesto shows how you have the potential to make a huge difference wherever you are. Few authors have had the kind of lasting impact and global reach that Seth Godin has had. In a series of now-classic books that have been translated into 36 languages and reached millions of readers around the world, he has taught generations of readers how to make remarkable products and spread powerful ideas. In *Linchpin*, he turns his attention to the individual, and explains how anyone can make a significant impact within their organization.

There used to be two teams in every workplace: management and labor. Now there's a third team, the linchpins. These people figure out what to do when there's no rule book. They delight and challenge their customers and peers. They love their work, pour their best selves into it, and turn each day into a kind of art.

## EAT THAT FROG

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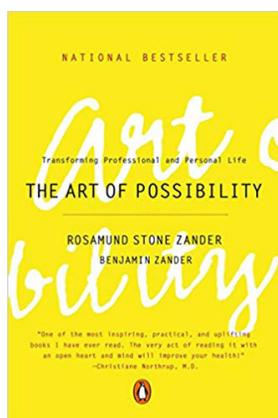
There just isn't enough time for everything on our to-do list—and there never will be. Successful people don't try to do everything. They learn to focus on the most important tasks and make sure those get done. They eat their frogs.

There's an old saying that if the first thing you do each morning is eat a live frog, you'll have the satisfaction of knowing you're done with the worst thing you'll have to do all day. For Tracy, eating a frog is a metaphor for tackling your most challenging task—but also the one that can have the greatest positive impact on your life. *Eat That Frog!* shows you how to organize each day so you can zero in on these critical tasks and accomplish them efficiently and effectively.

In this fully revised and updated edition, Tracy adds two new chapters. The first explains how you can use technology to remind yourself of what is most important and protect yourself from what is least important. The second offers advice for maintaining focus in our era of constant distractions, electronic and otherwise.

## THE ART OF POSSIBILITY

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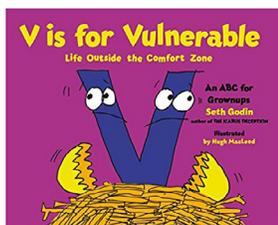
Presenting twelve breakthrough practices for bringing creativity into all human endeavors, *The Art of Possibility* is the dynamic product of an extraordinary partnership.

*The Art of Possibility* combines Benjamin Zander's experience as conductor of the Boston Philharmonic and his talent as a teacher and communicator with psychotherapist Rosamund Stone Zander's genius for designing innovative paradigms for personal and professional fulfillment. The authors' harmoniously interwoven perspectives provide a deep sense of the powerful role that the notion of possibility can play in every aspect of life.

Through uplifting stories, parables, and personal anecdotes, the Zanders invite us to become passionate communicators, leaders, and performers whose lives radiate possibility into the world.

## V IS FOR VULNERABLE

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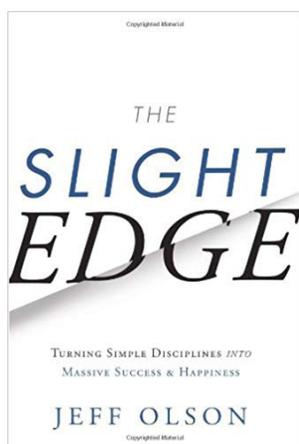


V is for Vulnerable by Seth Godin is a full-color ABC book for grown-ups, with a powerful message about doing great work. V is for Vulnerable looks and feels like a classic picture book. But it's not for kids, it's for hardworking adults.

It highlights twenty-six of Seth Godin's principles about treating your work as a form of art, with illustrations by acclaimed cartoonist Hugh MacLeod. A sample: A is for Anxiety, which is experiencing failure in advance. Tell yourself enough vivid stories about the worst possible outcome and you'll soon come to believe them. Worry is not preparation, and anxiety doesn't make you better. F is for Feedback, which can be either a crutch or a weapon. Use it to make your work smaller, safer, and more likely to please everyone (and fail in the long run). Or use it as a lever to further push you to embrace what you fear and what you're capable of.

## THE SLIGHT EDGE

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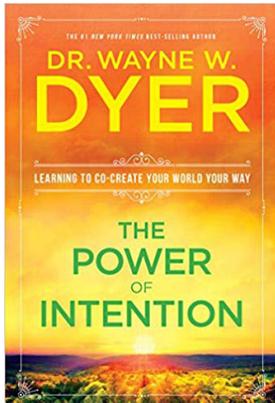


“The Slight Edge” is a way of thinking, a way of processing information that enables you to make the daily choices that will lead you to the success and happiness you desire. Learn why some people make dream after dream come true, while others just continue dreaming and spend their lives building dreams for someone else. It's not just another self-help motivation tool of methods you must learn in order to travel the path to success. It shows you how to create powerful results from the simple daily activities of your life, by using tools that are already within you. In this 8th anniversary edition you'll read not only the life-changing concepts of the original book, but also learn what author Jeff Olson discovered as he continued along the slight edge path: the Secret to Happiness and the Ripple Effect.

This edition of “The Slight Edge” isn't just the story, but also how the story continues to create life-altering dynamics how a way of thinking, a way of processing information, can impact daily choices that will lead you to the success and happiness you desire. “The Slight Edge” is the key that will make all the other how-to books and self-help information that you read, watch and hear actually work.

## THE POWER OF INTENTION

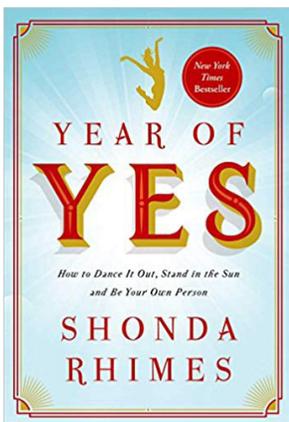
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Intention is generally viewed as a certain kind of determination propelling one to succeed at all costs by never giving up on an inner picture. In this view, an attitude that combines hard work with an indefatigable drive toward excellence is the way to succeed. However, intention is viewed very differently in this book. Dr. Wayne W. Dyer has researched intention as a force in the universe that allows the act of creation to take place. This book explores intention— as something you do— as an energy you’ a part of. We all intended here through the invisible power of intention. This is the first book to look at intention as a field of energy that you can access to begin co-creating your life with the power of intention. Part I deals with the principles of intention, offering true stories and examples on ways to make the connection. Dr. Dyer identifies the attributes of the all-creating universal mind of intention as creative, kind, loving, beautiful, expanding, endlessly abundant, and receptive, explaining the importance of emulating this source of creativity. In Part II, Dr. Dyer offers an intention guide with specific ways to apply the co-creating principles in daily life. Part III is an exhilarating description of Dr. Dyer’ vision of a world in harmony with the universal mind of intention.

## YEAR OF YES

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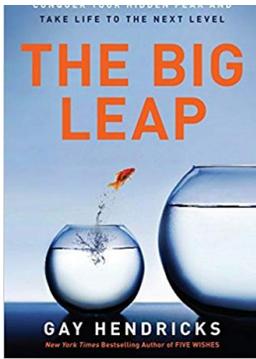


This poignant, intimate, and hilarious memoir explores Shonda’s life before her Year of Yes—from her nerdy, book-loving childhood creating imaginary friends to her devotion to creating television characters who reflected the world she saw around her (like Cristina Yang, whose ultimate goal wasn’t marriage, and Cyrus Beene, who is a Republican and gay). And it chronicles her life after her Year of Yes had begun—when Shonda forced herself out of the house and onto the stage, appearing on Jimmy Kimmel Live, and giving the Dartmouth Commencement speech; when she learned to say yes to her health, yes to play and she stepped out of the shadows and into the sun; when she learned to explore, empower, applaud, and love her truest self. Yes.

This wildly candid and compulsively readable book reveals how the mega talented Shonda Rhimes, an unexpected introvert, achieved badassery worthy of a Shondaland character. And how you can, too.

## THE BIG LEAP

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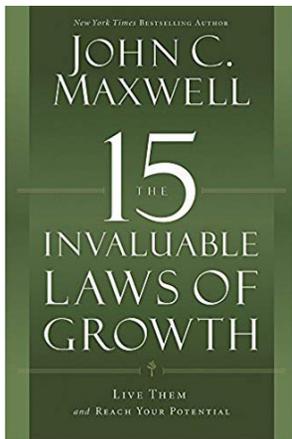
“Gay Hendricks is a great role model for true success. He enjoys abundance and a deep connection with his own spiritual essence, and at the same time has lived for three decades in a thriving marriage. Now, he shows us how to do it for ourselves.”

— Mark Victor Hansen, co-author of *Cracking the Millionaire Code*

In *The Big Leap*, Gay Hendricks, the New York Times bestselling author of *Five Wishes*, demonstrates how to eliminate the barriers to success by overcoming false fears and beliefs. Fans of Wayne Dyer, Eckhart Tolle, Marianne Williamson, and *The Secret* will find useful, effective tips for breaking down the walls to a better life in *The Big Leap*.

## THE 15 LAWS OF INVALUABLE GROWTH

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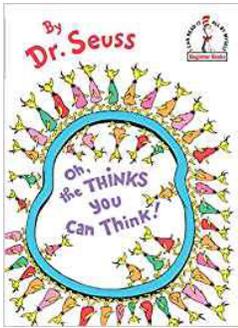
Are there tried and true principles that are always certain to help a person grow? John Maxwell says the answer is yes. He has been passionate about personal development for over fifty years, and for the first time, he teaches everything he has gleaned about what it takes to reach our potential. In the way that only he can communicate, John teaches . . .

- The Law of the Mirror: You Must See Value in Yourself to Add Value to Yourself
- The Law of Awareness: You Must Know Yourself to Grow Yourself
- The Law of Modeling: It’s Hard to Improve When You Have No One But Yourself to Follow
- The Law of the Rubber Band: Growth Stops When You Lose the Tension Between Where You are and Where You Could Be
- The Law of Contribution: Developing Yourself Enables You to Develop Others

This third book in John Maxwell’s *Laws* series (following the 2-million seller *The 21 Irrefutable Laws of Leadership* and *The 17 Indisputable Laws of Teamwork*) will help you become a lifelong learner whose potential keeps increasing and never gets “used up.”

## OH THE THINKS YOU CAN THINK

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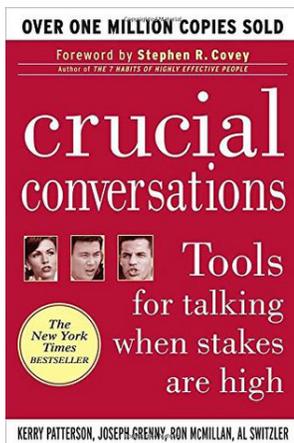
There is nothing like diving into the pages of a Children's Classic. The possibilities are endless in Dr. Seuss's Book!

Young readers will delight in Oh, the Thinks You Can Think! which celebrates the imagination and encourages young readers to think . . . about thinking! "Think left and think right and think low and think high. Oh, the Thinks you can think up if only you try."

Originally created by Dr. Seuss, Beginner Books encourage children to read all by themselves, with simple words and illustrations that give clues to their meaning.

## SHOWING UP FOR LIFE

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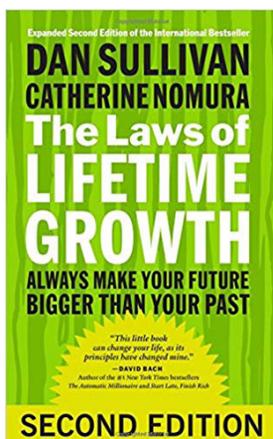


A heartfelt, deeply personal book, Showing Up for Life shines a bright light on the values and principles that Bill Gates Sr. has learned over a lifetime of "showing up"—lessons that he learned growing up during the Great Depression, and that he instilled in his children and continues to practice on the world stage as the co-chair of the Bill & Melinda Gates Foundation.

Through the course of several dozen narratives arranged in roughly chronological fashion, Gates introduces the people and experiences that influenced his thinking and guided his moral compass.

## THE LAWS OF LIFETIME GROWTH

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Growth is a fundamental human need—it is at the root of everything that gives us a feeling of accomplishment, satisfaction, meaning, and progress. In this inspiring book, Dan Sullivan and Catherine Nomura offer ten simple laws that will help you continue to grow throughout your life. Through vivid real-life stories, Sullivan and Nomura illustrate each of the ten laws and show how with just a slight shift in thinking—regardless of your age, income, or position—you can use them to maintain a fresh, innovative perspective on the world around you and unlock your greatest abilities.

## EVERYTHING COUNTS

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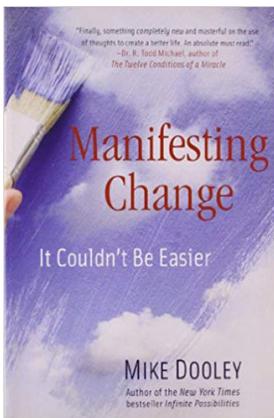


Everything Counts! is an execution strategy for inspiring excellence and driving exceptional results.

Everything Counts is a call to greater awareness and with awareness comes a responsibility to raise the performance bar. It offers a powerful operating philosophy that will steer your organization to reach higher levels of growth, productivity, and performance. From the smallest customer contact to the most minute details of product quality, the little things add up to a pretty big deal. Serving as the definitive guide on organizational and personal mastery, this book gives you a foundation for unparalleled customer service, superior quality, and consistent performance.

## MANIFESTING CHANGE

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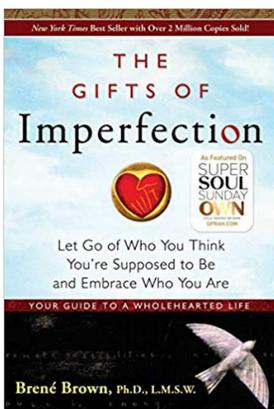


If there was just one thing I could tell you about living the life of your dreams, knowing that if you understood it, it would be enough, I would ask you to realize that you already are living that life.

Manifesting Change breaks down the metaphysical mechanics behind every physical manifestation through exercises, stories, and analogies that illustrate just how the Matrix will show the flow of events that will, or will not, trigger changes in your life based upon your thoughts, words, and actions. It will help you understand what you really want, why you really want it, and how to go about getting it with supreme confidence. Set life's magic in motion and accelerate the arrival of all that your heart desires with this complete master's guide to creating the life of your dreams

## THE GIFTS OF IMPERFECTION

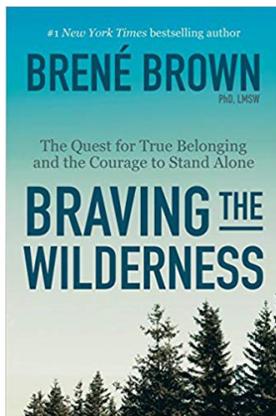
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A motivational and inspiring guide to wholehearted living, rather than just the average self-help book, with this groundbreaking work Brené Brown, Ph.D., bolsters the self-esteem and personal development process through her characteristic heartfelt, honest storytelling. With original research and plenty of encouragement, she explores the psychology of releasing our definitions of an “imperfect” life and embracing living authentically. Brown’s “ten guideposts” are benchmarks for authenticity that can help anyone establish a practice for a life of honest beauty—a perfectly imperfect life.

## BRAVING THE WILDERNESS

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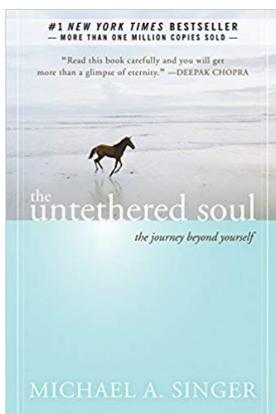


Social scientist Brené Brown, PhD, LMSW, has sparked a global conversation about the experiences that bring meaning to our lives—experiences of courage, vulnerability, love, belonging, shame, and empathy. In *Braving the Wilderness*, Brown redefines what it means to truly belong in an age of increased polarization. With her trademark mix of research, storytelling, and honesty, Brown will again change the cultural conversation while mapping a clear path to true belonging.

Brown argues that we're experiencing a spiritual crisis of disconnection, and introduces four practices of true belonging that challenge everything we believe about ourselves and each other. Brown offers us the clarity and courage we need to find our way back to ourselves and to each other. And that path cuts right through the wilderness. Brown writes, "The wilderness is an untamed, unpredictable place of solitude and searching. It is a place as dangerous as it is breathtaking, a place as sought after as it is feared. But it turns out to be the place of true belonging, and it's the bravest and most sacred place you will ever stand."

## THE UNTETHERED SOUL

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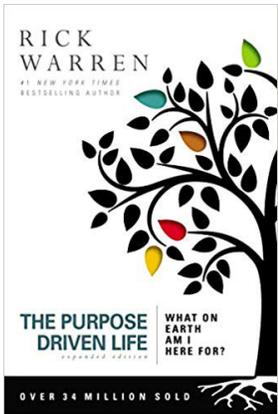
What would it be like to free yourself from limitations and soar beyond your boundaries? What can you do each day to discover inner peace and serenity? *The Untethered Soul* offers simple yet profound answers to these questions.

Whether this is your first exploration of inner space, or you've devoted your life to the inward journey, this book will transform your relationship with yourself and the world around you. You'll discover what you can do to put an end to the habitual thoughts and emotions that limit your consciousness.

By tapping into traditions of meditation and mindfulness, author and spiritual teacher Michael A. Singer shows how the development of consciousness can enable us all to dwell in the present moment and let go of painful thoughts and memories that keep us from achieving happiness and self-realization.

## THE PURPOSE DRIVEN LIFE

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The New York Times #1 bestselling book by Pastor Rick Warren that helps you understand the purpose of your life. As one of the best-selling nonfiction books in history, with more than 34 million copies sold, and more than 70 translations available, The Purpose Driven Life is far more than just a book; it's the roadmap for your spiritual journey. A journey that will transform your life.

In The Purpose Driven Life you'll find the answers to three of life's most important questions:

- The Question of Existence: Why am I alive?
- The Question of Significance: Does my life matter?
- The Question of Purpose: What on earth am I here for?

## THE ONE THING

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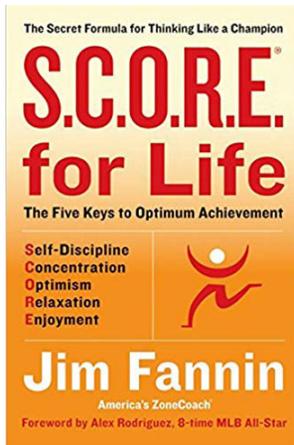


People are using this simple, powerful concept to focus on what matters most in their personal and work lives. Companies are helping their employees be more productive with study groups, training, and coaching. Sales teams are boosting sales. Churches are conducting classes and recommending for their members. By focusing their energy on one thing at a time people are living more rewarding lives by building their careers, strengthening their finances, losing weight and getting in shape, deepening their faith, and nurturing stronger marriages and personal relationships.

YOU WANT LESS. You want fewer distractions and less on your plate. The daily barrage of e-mails, texts, tweets, messages, and meetings distract you and stress you out. The simultaneous demands of work and family are taking a toll. And what's the cost? Second-rate work, missed deadlines, smaller paychecks, fewer promotions--and lots of stress. AND YOU WANT MORE. You want more productivity from your work. More income for a better lifestyle. You want more satisfaction from life, and more time for yourself, your family, and your friends. NOW YOU CAN HAVE BOTH--LESS AND MORE. In The ONE Thing, you'll learn to \*cut through the clutter \*achieve better results in less time \*build momentum toward your goal \*dial down the stress \*overcome that overwhelmed feeling \*revive your energy \*stay on track \*master what matters to you The ONE Thing delivers extraordinary results in every area of your life--work, personal, family, and spiritual.

## SCORE FOR LIFE

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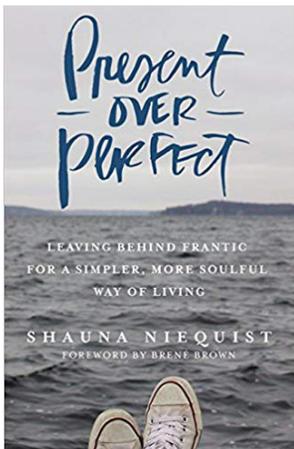


We all dream of overcoming our challenges. We dream of the perfect job, achieving new wealth, of living the life we choose in harmony with the people we love. For many of us, the dream stops there. We wonder what leads some extraordinary people to confront and exceed their goals and compete at the highest level, while others run in place, distracted by fears and a sense of intimidation. We seek the insights that will liberate us from anxiety and self-doubt. In this book, Jim Fannin shares a collection of ideas and daily exercises that transform everyday performers into true champions.

Using the secrets of Fannin's time-tested S.C.O.R.E. System (Self-Discipline, Concentration, Optimism, Relaxation, and Enjoyment), S.C.O.R.E. for Life shows you how to balance and apply these five principles in every arena of life. The result: more moments, days, and years performing and thinking in the state of flow we call the "Zone," and more of the results and success that matter.

## PRESENT OVER PERFECT

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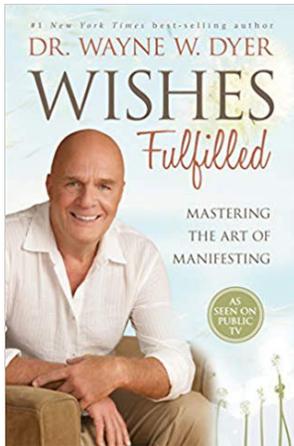
A few years ago, I found myself exhausted and isolated, my soul and body sick. I was tired of being tired, burned out on busy. And, it seemed almost everyone I talked with was in the same boat: longing for connection, meaning, depth, but settling for busy. I am a wife, mother, daughter, sister, friend, neighbor, writer, and I know all too well that settling feeling. But over the course of the last few years, I've learned a way to live, marked by grace, love, rest, and play. And it's changing everything.

Present Over Perfect is an invitation to this journey that changed my life. I'll walk this path with you, a path away from frantic pushing and proving, and toward your essential self, the one you were created to be before you began proving and earning for your worth.

In these pages, you'll be invited to consider the landscape of your own life, and what it might look like to leave behind the pressure to be perfect and begin the life-changing practice of simply being present, in the middle of the mess and the ordinariness of life.

## WISHES FULFILLED

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This book is dedicated to your mastery of the art of realizing all your desires. The greatest gift you have been given is the gift of your imagination. Everything that now exists was once imagined. And everything that will ever exist must first be imagined. *Wishes Fulfilled* is designed to take you on a voyage of discovery, wherein you can begin to tap into the amazing manifesting powers that you possess within you and create a life in which all that you imagine for yourself becomes a present fact. Dr. Wayne W. Dyer explores, for the first time, the region of your highest self; and definitively shows you how you can truly change your concept of yourself, embark upon a God-realized way of living, and fulfill the spiritual truth that with God all things are possible—and “all things” means that nothing is left out.

By practicing the specific technique for retraining your subconscious mind, you are encouraged to not only place into your imagination what you would like to manifest for yourself, but you are given the specifics for realigning your life so you can live out your highest calling and stay connected to your Source of being. From the lofty perspective of your highest self, you will learn how to train your imagination in a new way. Your wishes—all of them—can indeed be fulfilled. By using your imagination and practicing the art of assuming the feeling of your wishes being fulfilled, and steadfastly refusing to allow any evidence of the outer world to distract you from your intentions, you will discover that you, by virtue of your spiritual awareness, possess the ability to become the person you were destined to be.

This book will help you See—with a capital S—that you are Divine, and that you already possess an inner, invisible higher self that can and will guide you toward a mastery of the art of manifestation. You can attain this mastery through deliberate conscious control of your imagination!



## ABOUT Laurie

Laurie Hawkins is a curator, catalyst, and connector. She is a certified business success strategist, speaker, radio show host, trainer and leader who drives revenue, results and raving fans along with fulfillment and flow.

Laurie's reputation is built on her unique ability to enable strategy and soul to coexist. She is a thought-leader with the rare ability to both inspire and create actionable strategies.

*Before you go...*

**Are you ready to drive revenue, results and raving fans while enjoying greater fulfillment and flow in your business and life?**

**Start by diving into one of our customer curated collections...**

Now it's time to take the next step in connecting with us. Click an option below to choose your own adventure...

